



翟德胜，男，汉族，1971年6月生，博士，教授，硕士生导师，预防医学专业负责人。

学习经历：

- 2007–2013 博士研究生，流行病与卫生统计学专业，中南大学
- 2004–2007 在职硕士研究生，病理学与病理生理学专业，新乡医学院
- 1989–1994 学士，预防医学专业，湖南医科大学

工作经历：

- 2004–至今 新乡医学院公共卫生学院流行病与卫生统计学教研室（讲师 2005.09，副教授 2007.12，教授 2022.01）（其间 2009.07--2011.04 加拿大渥太华大学访学，2016.06--2016.12 美国内布拉斯加大学医学中心访学）
- 1994–2004 新乡市红旗区卫生防疫站（医师 1995.12，主治医师 2000.12）

讲授课程：

卫生统计学；流行病学

主持教研课题：

1. 河南省医学教育研究项目（Wjlx2017068）：岗位胜任能力为导向的公共卫生硕士培养改革与实践，2017-2020，在研

科研方向：

临床流行病学，疾病预防控制

主持科研课题：

1. 河南省科技厅科技攻关计划（182102310857）：精神分裂症患者代谢综合征风险早期生物标志物研究，0 万元，2018.01-2019.12，已结题
2. 河南省科技厅科技攻关计划（202102310084）：抗精神病药受体阻断在首发精神分裂症患者早期脂代谢紊乱中的作用，10 万元，2020.01-2021.12，已结题

发表论文（第一作者、通讯作者）：

1. **Zhai D**, Chen J, Guo B, Retnakaran R, Gao S, Zhang X, Hao W, Zhang R, Zhao Y, Wen SW. Oxcarbazepine was associated with risks of newly developed hypothyroxinaemia and impaired central set point of thyroid homeostasis in schizophrenia patients. *Br J Clin Pharmacol.* 2021 Dec 1. doi: 10.1111/bcp.15163. Online ahead of print.
2. Zhao Y, Guan Q, Shi J, Sun J, Wang Q, Yang J, Retnakaran R, Han J, Zhang X, Hao W, Huang X, Zhang R, **Zhai D**, Wen SW. Impaired central set point of thyroid homeostasis during

- quetiapine treatment in the acute phase of schizophrenia. *Schizophr Res.* 2022 Feb 15;241:244-250.
3. Wang Q, Li W, Wang Y, Li H, **Zhai D**, Wu W. Prediction of coronary heart disease in rural Chinese adults: a cross sectional study. *PeerJ.* 2021 Oct 11;9:e12259.
 4. Zhao Y, Wen SW, Qin Y, Liu Y, Gao Y, Retnakaran R, Zhang R, **Zhai D**. Association between valproate treatment for acute phase schizophrenia and risk of new onset hypothyroidism. *Schizophr Res.* 2021 Sep;235:12-16.
 5. Zhao Y, Wang N, Chen J, Guan Q, Yuan X, Shen Y, Zhang X, Hao W, Zhang R, **Zhai D**. Association between early-onset affective disorders and hypothyroidism in a larger number of psychiatric drug-free patients. *J Affect Disord.* 2022 Feb 15;299:31-36.
 6. Zhao Y, Wang N, Wen SW, Li M, Yuan Y, Retnakaran R, Hao W, Zhang R, **Zhai D**. Mirtazapine use may increase the risk of hypothyroxinemia in patients affected by major depressive disorder. *Br J Clin Pharmacol.* 2022 Jan;88(1):214-225.
 7. Zhao Y, Wen SW, Li M, Sun Z, Yuan X, Retnakaran R, Zhang R, **Zhai D**. Dose-response association of acute-phase quetiapine treatment with risk of new-onset hypothyroidism in schizophrenia patients. *Br J Clin Pharmacol.* 2021 Dec;87(12):4823-4830.
 8. **Zhai D**, Liu Y, Ma F, Feng Y, Xu Z, Cui T, Lang Y, Wang X, Cao Y, Zhao Y, Zhang R, Zhang X. Effects of the First Exposure of Antipsychotics on Serum Albumin in Adolescents and Young Adults With First-Episode Schizophrenia. *J Clin Psychopharmacol.* 2018 Feb;38(1):103-105.
 9. **Zhai D**, Li S, Dong G, Zhou D, Yang Y, Wang X, Zhao Y, Yang Y, Lin Z. The correlation between DNA methylation and transcriptional expression of human dopamine transporter in cell lines. *Neurosci Lett.* 2018 Jan 1;662:91-97.
 10. **Zhai D**, Lang Y, Feng Y, Liu Y, Dong G, Wang X, Cao Y, Cui T, Ni C, Ji Y, Zhang X, Zhao Y, Zhang R. Early onset of cardiometabolic risk factor profiles in drug naïve adolescents and young adults with first-episode schizophrenia. *Schizophr Res.* 2017 Dec;190:60-62.
 11. **Zhai D**, Lang Y, Dong G, Liu Y, Wang X, Zhou D, Cui T, Yang Y, Zhang W, Zhao Y, Zhang R. QTc interval lengthening in first-episode schizophrenia (FES) patients in the earliest stages of antipsychotic treatment. *Schizophr Res.* 2017 Jan;179:70-74.
 12. **Zhai D**, Cui T, Xu Y, Feng Y, Wang X, Yang Y, Li S, Zhou D, Dong G, Zhao Y, Yang Y, Zhang R. Cardiometabolic risk in first-episode schizophrenia (FES) patients with the earliest stages of both illness and antipsychotic treatment. *Schizophr Res.* 2017 Jan;179:41-49.
 13. **Zhai D**, Li S, Zhao Y, Lin Z. SLC6A3 is a risk factor for Parkinson's disease: a meta-analysis of sixteen years' studies. *Neurosci Lett.* 2014 Apr 3;564:99-104.
 14. **Zhai D**, Guo Y, Smith G, Krewski D, Walker M, Wen SW. Maternal exposure to moderate ambient carbon monoxide is associated with decreased risk of preeclampsia. *Am J Obstet Gynecol.* 2012 Jul;207(1):57.e1-9.
 15. **Zhai D**, Zhao Y, Chen X, Guo J, He H, Yu Q, Yang J, Davey AK, Wang J. Protective effect of glycyrrhizin, glycyrrhetic acid and matrine on acute cholestasis induced by alpha-naphthyl isothiocyanate in rats. *Planta Med.* 2007 Feb;73(2):128-33.

参编教材与著作:

1. 儿童青少年卫生学 (ISBN 978-7-309-10824-8), 复旦大学出版社, 编委, 2014.08, 预防医学国家级教学团队教材

学术兼职:

1. 河南省医学会公共卫生学分会, 委员, 2018.01

荣誉称号：

1. 新乡医学院“三育人”先进个人，2019年